

2025 Day Camp Packing List

Campers in the Day Camp program will participate in various activities throughout the day, including waterfront activities and land sports. Please have your child bring a backpack each day with the following items:

- Bathing suit and towel
- Sunscreen (recommend SPF 30+ and spray sunscreen)
- Insect repellent
- Water bottle
- Closed-toed shoes or sneakers
- Sandals or water shoes **highly** recommended (we have rocky shores & zebra mussels)
- Rain jacket (check the weather)
- Change of clothes
- Hat or sunglasses
- Morning snack

Please make sure all your camper's belongings are clearly labeled with their **first and last name**. We will make every effort to return lost items to their rightful owner, but we are not responsible for items left at camp. It is not recommended that campers bring personal sports equipment to camp (baseball gloves, tennis racquets, etc.) as camp has plenty of equipment available.

Please **DO NOT** send the following items to camp: **Pokémon cards**, pocketknives, firearms of any type (including Airsoft or pellet guns), portable music players or any other electronics, bikes, scooters, hover boards, portable video games, cell phones, pets or other animals, or candy. Campers are forbidden from possessing any form of tobacco, alcohol, or drugs.

Campers are responsible for bringing their own healthy morning snack each day if they would like. Lunch and the afternoon snack are provided by Camp Abnaki. You are more than welcome to bring your own lunch or additional snack. Please do not send food that requires heating, though we can provide refrigeration. There is water available throughout camp, with plenty of places for your child to fill his water bottle.

We are a **nut aware** camp. We do not serve nuts or nut products in our dining hall or for snack. Be aware that there are instances where nut products are present at camp and consumed by campers and/or staff.